



EMILY CHADBOURNE

{YOUR MINDSET COACH}

about emily

Emily has years of human behavioural education behind her and her funny, zero bullshit approach to business and spirituality has given her the endearing reputation of being a pioneer of the new personal development world.

She is at the forefront of the fresh wave of coaches and speakers who admit that life, business and being human can be really clunky & messy & scrappy and who don't try to deny or ignore it but instead give tangible strategies to create, lead and monetize in spite of the human condition.

She is the go-to for those who want to ride the fresh wave of REAL and RAW personal development which balances elements of business, spirituality, manifestation (eek!), science and the cluster-fu@k of being human!

Emily's no BS, sassy approach and honest accounts of the REAL world of love, life and business are often hilarious and always valuable.

Originally from London, Emily now lives in Melbourne where she works internationally as a coach, author and keynote speaker.

podcasts * Guest

Women Wine and Dollop of Truth Podcast - 11 Episodes
(2016)

Outsourcing Mysteries Exposed with Rosie Shilo Ep 12*
Bossed 2 Boss with Miro Wcislo Ep 78*

I Am Woman Project with Catherine Plano Ep 94*
The Entrepreneur Way with Neil Ball Ep 928*

The Business Experiment with Jemimah Ashleigh and
Shevonne Joyce Ep 34*

The Success Kickstart with Rob J Temple Ep 6*

The Up Rev Ninja Podcast with Tom Hudson Ep 22*
Ignite Your Life with Leanne Blaney Ep 35*

Bad Boy Running with Jody Raynsford and David
Hellard Ep 136*

Cents And The City - Love And Money Ep 8*



speaking topics

Things you need to know to be successful in
business.

How your mindset can change your
relationships.

How investing in your mental health now can
prevent mental illness in the future.

What manifestation is really about!

How the way you think effects your bottom
line.

speaking clients

Intimo

Speciality Fashion Group
(now Noni B)

Collective Potential

Philosophy Cafe - Seawinds
Community



training & workshops

Unashamedly Human (Workshops)

8 Week Year Of Your Life Online Course

12 Week Year Of Your Life Online Course

Ultimate Business Experience Bali Retreat

Feb 2019 (with Jemimah Ashleigh)

Accredited eDISC Consultant for Sales and
Personality Testing

Closed Trainings for Intimo

Mastermind and Business Mentoring
Program



guest blogs

"Your Goal Setting Means Nothing If Your
Mindset Ain't Right"

Jemimah Ashleigh - www.jemimahashleigh.com

"The Business Real Of Finding Epic Love"

The Business Experiment -

www.businessexperiment.com.au

"What One Thing Makes You Rich?"

The Soar Collective - www.soarcollective.com

"3 Secrets To Avoid Arguing About Money"

Women With Cents -

www.womenwithcents.com.au

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testimonial - intimo

"Working with Emily Chadbourne is a delight. She is incredibly authentic and delivers a power packed presentation with warmth, deep respect for the human condition, humour and real life lessons. She is a master story teller and uses these stories to illustrate and embed her key messages.

Emily is very responsive to her client's needs and will work to exceed your expectations of what you want her to deliver. Her work as a coach and facilitator has prepared her beautifully to excel in this space. She is a dynamic pocket rocket on the stage and a great advocate for self-love, resilience, energy management & any topic in the personal development/coaching space.

She has many raving fans in our community and all appreciate the sincerity and validity of her presentations!"

Karilyn Fazio, Manager, Training, Leadership and Coaching (TLC) - Intimo



testimonial - millers

"My company (Specialty Fashion Group) employed Emily on my recommendation to deliver the key note speech at our annual conference. I had done some private work with Emily around my own mindset and loved her vibe and thought she'd be a breath of fresh air for the Millers group and I wasn't wrong. The group was going through a huge restructure at the time and there was much uncertainty among the employees.

Emily delivered an hour long speech with humour, lightness, brilliantly engaging stories and really helped bring the team back together in a highly stressful time. How? Emily has a way of making her audience feel comfort and normalises the human emotion we often don't communicate. She understands and explains the neurology of human behaviour in a matter of fact, scientific way which gives understanding and evokes empathy between people. She also has a spiritual aspect to her teachings but never in an off putting or wishy washy way but more in a way that gives her audience permission to trust.

She delivered tangibles which I saw implemented by the audience, results showing both in staff morale, productivity and ease of change management. The content closed the gap between department and encouraged conversations that would not normally take place this synergy between departments was continued and very helpfuldid I mention her wicked sense of humour and the way she captivates audiences?!

Ems impact and delivery of her content was more than well received by our wider eclectic group in a positive and excited way! People were talking about her unique delivery and speeches for weeks after and sparked some individuals to go on their own personal journey (which helped boost productivity and helped people with their own personal insights)..... I seriously could not recommend her enough!"

Andy McGregor, National Operations Manager, Millers and Crossroads at the Noni B Group



testimonial - specialty fashion group

"As the Group General Manager of Brands at Specialty Fashion Group I was looking for a fresh way to challenge and motivate my head office and regional management team of executives for the Millers and Maggie T brands.

The topic was change management. I wanted the team to be equipped to manage the challenges that lay ahead at the same time I didn't want to take a cookie cutter approach to what was an important topic for our brand at the time. I wanted something different. Too often you go along to a conference, sit through a session or presentation/discussion and walk away from that with no action or change in behaviour. I wanted something else.

After research and networking I was introduced to Emily. We engaged Emily for a session at our recent Brand Day which turned out to be a total hit with the team. She was fantastic. She quickly engaged the audience of 80 people and certainly had them on the edge of their seats. Through story telling and the sharing of real life experiences she cut to the core of how my team should be thinking and behaving when faced with a challenging situation or environment.

It was fun, educational, motivating and more than anything thought provoking for the team. An awesome experience. An experience that had the team really thinking about themselves, their situations and how to stare into the face of adversity and overcome. Money well spent and some great laughs to this moment. Thanks Emily. You nailed it. A great session."

Jason Fahey - General Manager - Specialty Fashion Group

